

# Who We Are

## WHAT

### *our mission*

We help underserved people worldwide achieve food security and resilience through nutrition, education and economic empowerment, fueled by a global movement of volunteers and partners.

## WHY

### *our vision*

# A world without hunger



## HOW

### *our focus areas*

It Starts With a Meal<sup>®</sup> – and grows into a movement that transforms communities to be self-reliant. For over 20 years, Rise Against Hunger has mobilized volunteers to package nutritious meals that meet immediate needs and change lives. But hunger doesn't end with one meal.

Our layered, integrated approach to food security combines:

- Addressing immediate needs through meals and nutrition support – strengthening communities with the nutrients they need to grow healthy.
- Advancing long-term solutions through education and economic empowerment – helping families build resilience and self-sufficiency.

By combining immediate relief with sustainable development, we turn every dollar, volunteer hour and partnership into lasting impact to advance food security through three focus areas: nutrition, education and economic empowerment.

